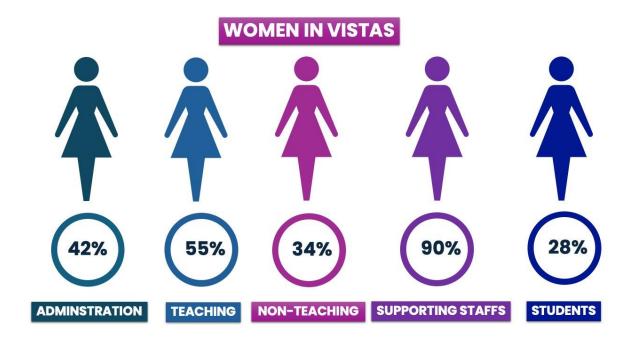


# 7.3 INSTITUTUIONAL DISTINCTIVENESS

# "Championing Women's Empowerment: VISTAS' Distinctive Initiatives"



Vels Institute of Science, Technology, and Advanced Studies (VISTAS) is committed towards complying with Sustainable Development Goals (SDGs) in all its practices and the Institution's efforts to meet up **Women Empowerment** is very distinct. Imbibing the spirit of Women Empowerment percolates from the Management to all the members of the Institution.

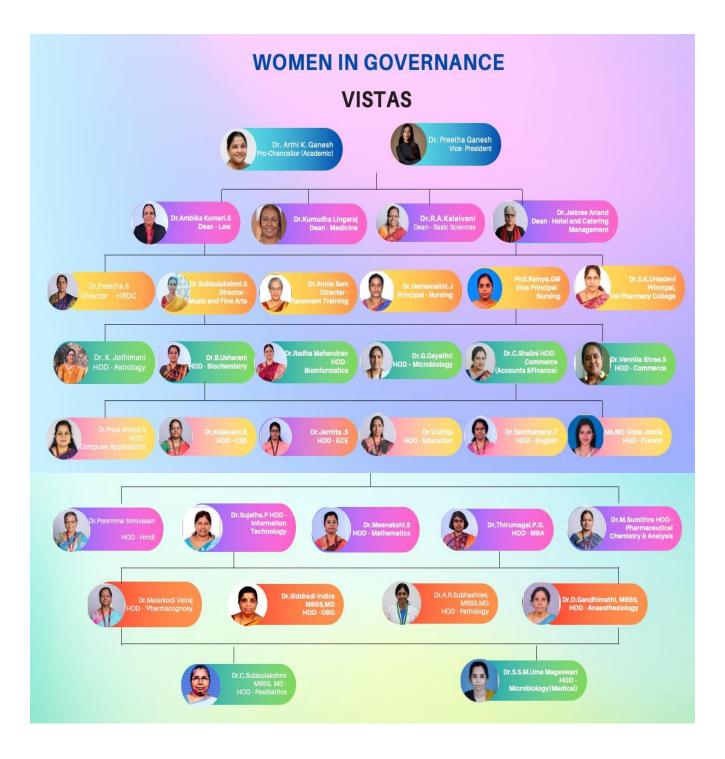
In this journey of building a Women empowered Institution which fosters growth and development of women VISTAS follows a meticulous approach.

## I. Measures taken towards Women Empowerment in Governance

VISTAS believes that the role of women in governance and leadership is a strategic imperative which will drive innovation and bring out success for the institution. Women representation is ensured at all levels starting from the Executive Council the apex body governing VISTAS with the Vice President and Pro- Chancellor, Academics being women to the various committees formed to ensure smooth functioning of the institution. 69 % Female

(Teaching, Non- Teaching staffs and Girl Students are members of the various committees in VISTAS.

With 35 women involved in academic governance in positions such as Deans, Directors & HODs of various Schools and Departments of the University and 17 women in non-academic governance in positions such as Deputy Registrar, Assistant Registrar, VISTAS is poised towards augmenting Women's Voices in Governance.





# II. Measures taken towards Women Empowerment in Sports

# **VISTAS Women in Sports**

VISTAS women in sports highlight the University's commitment to supporting and promoting women's participation and excellence in sports.

- Winner & Runner-Up in Senior State Beach Volleyball Championship
- Senior National Sailing Championship won by VISTAS student Ms. Ishwariya Ganesh
- Bronze Medal at 36th National Games by VISTAS students in Senior Tamilnadu Women's Football Team in the 36th National Games
- Girls Basketball Team gave a tough fight and came out as the runners up in the interuniversity tournament organized by Amity University

By providing support, resources, and opportunities for women athletes to compete and succeed, VISTAS is helping to break gender barriers in sports and empower women.



VISTAS honoured Indian Women Sports Personalities with a Honorary doctorate degree Doctorate of Letter (D.Litt).

- 1. P.T.Usha Indian Athlete
- 2. Anju Bobby George Indian Athlete
- 3. P.V.Sindhu Indian Badminton Player



P.T.Usha - Indian Athlete



Anju Bobby George – Indian Athlete



P.V.Sindhu - Indian Badminton Player

VISTAS conducts regular Annual Sports Meet in which women students and faculty actively participate in various events Chess, Carrom, Badminton, Throwball, Table Tennis and various athletic events in large numbers and won several prizes. The Indian Football Team Captain K.Indumathi was the Chief Guest for the recently held Annual sports meet and distributed prizes to the winners.





**ANNUAL SPORTS MEET 2024** 

#### **III.** Measures to encourage Women Entrepreneurs

### **VFUND – Seed Funding for Women Entrepreneurs**

V Fund is a startup pitch event wherein women entrepreneurs pitch their business proposals to the jury members. The worthy proposals were selected based on the Novelty of the idea, trajectory, future prospects and scalability. The initiative started in the year 2021 and 4 cohorts of women entrepreneurs have been funded. V Fund has been provided to 12 women entrepreneurs from 2021 to 2024 and a seed funding of Rs.20 lakhs has been given by VISTAS to women entrepreneurs.

Women Entrepreneurs from different domains like Development of AI assisted BOT for diagnosis in optometry, Pregnant and child care, Personal care products, Oncology medicine, Art courses, Ortho care Foot wear, Organic health care products, Wooden toys and gift manufacturing have been provided V Fund. The women entrepreneurs benefitted out of this have used the funds to scale up their business. VISTAS also has assigned mentors for each of the 12 women entrepreneurs. With the expertise and guidance of the mentors the women entrepreneurs are poised for growth in their business.



#### IV. Measures to ensure welfare of women employees

#### Free Transport to Women Employees

Transportation facility has been extended free of cost to all women employees who commute through the University Bus. So far 225 Women Employees have been benefitted out of this welfare measure.

# Women Health Awareness Programme

VISTAS conducts Women Health Awareness Program on Breast Cancer & Importance of Cervical Cancer Vaccine free awareness program every consecutive year. It has benefited around 120 female students and 230 teaching and non—teaching staff members.

### Ladies Common Room

Ladies Common Room is available for female faculty and non -teaching staff to avail if needed

# Child care Assistance

Creche Facility is available in VISTAS for female faculty members who wish to avail of child care assistance in the campus.

# Maternity Leave

Maternity leave benefits are provided to all women faculty members.

## V. Measures for external women stakeholders

1. VISTAS Maternity Scheme: VISTAS has implemented & follows the "Champion equality through community initiatives and advocacy" through the maternity scheme in Vels Medical College and Hospital (VMCH). Under this scheme, each antenatal mother who confirms pregnancy receives complete medical benefits free of cost throughout her maternity period is from the day of confirmation till her delivery and also after that up to her family planning. Once she registers in the VISTAS maternity scheme, she is eligible to obtain complete maternity scheme benefits from VMCH which include free-of-cost investigations, medical treatment, health education about diet, exercise, mental health, delivery procedure, and family planning treatment. She is eligible to get monetary benefits (of Rs.12,000 to Rs.20,000) after her safe delivery.

To date, more than 130 antenatal mothers have benefitted from various places in and around Chennai.

 Women Achievers Awards: VISTAS celebrates the achievements of women across various fields through the Women Achiever Awards during International Women's Day celebrations every year. By honoring exemplary women, the institution inspires future generations to strive for excellence.



- 3. Support for Women Self-Help Groups (SHG): The institution provides a marketplace for Women Self-Help Groups, enabling them to showcase their products and generate income. This annual event not only promotes economic empowerment but also celebrates the creativity and craftsmanship of women entrepreneurs. As part of the event a workshop is conducted on the sources of financing, marketing skills, avenues in digital marketing and social media.
- 4. Women's Training Programs: VISTAS organizes training programs on upscaling indigenous and traditional knowledge especially in rural communities. Training women in skills such as making jute bags, artificial jewellery, and vegetable Nutri Garden setup equips them with income-generating opportunities that are sustainable and environmentally friendly. This promotes sustainable livelihoods and reduces dependence on external sources of income. Training programs enhance the skills, knowledge, and capabilities of women, enabling them to take on leadership roles and participate more actively in socio-economic development initiatives within their communities.

5. Women Privilege card: VISTAS issued a Women's Identity card Privilege is given to all female patients of all ages at Vels Medical College and Hospital. Those who enrolled this card will be getting certain privileges among others. This is not only helpful for them and also for their family members to get the quality standard medical care.

#### **Distinguished WOMEN ALUMNI of VISTAS**

- Dr. Meenakshi Vijayakumar, Additional Director (I), Tamilnadu Fire and Rescue Services, Govt of Tamilnadu. Dr Meenakshi Vijaykumar is first women fire officer in India
- 2. Dr Meenakashi Ramesh, Director, Vels Group of Schools.
- 3. Ms. Pallavi, Lead Data Scientist, Here Technologies, Mumbai
- Dr. Shamini Senthilkumar, Managing Director, Organogenik biotech pvt Ltd Chennai
- 5. Ms. Swarna B.S, Cabin Crew, Singapore Airlines
- Dr. Selvi Santhosam, Clinical Physiotherapist, Rajiv Gandhi Govt. General Hospital, Chennai. Dr Selvi Santhosam is the first transwoman Physiotherapist to serve in government hospital.
- 7. Dr.S.Subhashini, General Manager Empire Smart Freight LLC, Dubai
- Dr. Ansiem George, Mental Health Nurse Practitioner, Forensic Psychiatry, Guild Lodge hospital, UK.
- Ms.Saranya, Manager Operations South East Asia, DahNAY Logistics Vietnam Co., Ltd.
- Ms. Maivizhi Maharaja, Project Manager- Digital Marketing, UK- House of Lords, UK Parliament
- 11. Ms. Aswin Annie, HR Generalist, Indo Arab, Qatar.

At VISTAS, Women empowerment is not merely a buzzword; it is a guiding principle —a commitment to creating an environment where every woman has the opportunity to thrive, to lead, and to excel. VISTAS strives for equality and inclusion in everything it does, every single day of the year.

REGISTRAR Registrar Vels Institute of Science, Technology & Advanced Studies (VISTAS) Pallavaram, Chennai - 600 117.