INSTITUTE OF SCIENCE, TECHNOLOGY & ADVANCED STUDIES (VISTAS) (Deemed to be University Estd. u/s 3 of the UGC Act, 1956) PALLAVARAM - CHENNAI

ACCREDITED BY NAAC WITH 'A' GRADE **INSTITUTION WITH UGC 12B STATUS**

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<u>CRITERION 3 – RESEARCH, INNOVATIONS AND EXTENSION</u>

RESEARCH PUBLICATION AND AWARDS

- 3.4.1 The Institution has a stated Code of Ethics for research, the implementation of which is ensured by the following:
 - 1. Research methodology with course on research ethics
 - 2. Ethics committee
 - 3. Plagiarism check
 - 4. Committee on Publication guidelines

Criterion Number	3
Metric	3.4.1
Details	Minutes of meetings of the relevant committees with reference to the code of ethics
Pages	1 to 18

Signature Not Verified

Digitally Signed by GOUNDER SARAV

Date: 16-May-2024 09:30:41 AM

Campus: Velan Nagar, P.V. Vaithiyalingam Road, Pallavaram, Chennai - 600 117. INDIA. Phone: (91-44) 2266 2500 / 2266 2501 / 2266 2502 / 2266 2503, Fax: (91-44) 2266 2513

Email: vels@vistas.ac.in Website: www.vistas.ac.in

INSTITUTE OF SCIENCE, TECHNOLOGY & ADVANCED STUDIES (VISTAS)
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- 3.4.1 The Institution has a stated Code of Ethics for research, the implementation of which is ensured by the following:
 - 1. Research methodology with course on research ethics
 - 2. Ethics committee



- 3. Plagiarism check
- 4. Committee on Publication guidelines

S.No	Description
1	Institutional Ethical Committee – Approval Minutes of Meeting

Campus : Velan Nagar, P.V. Vaithiyalingam Road, Pallavaram, Chennai - 600 117. INDIA. **Phone :** (91-44) 2266 2500 / 2266 2501 / 2266 2502 / 2266 2503, **Fax :** (91-44) 2266 2513

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<u>VISTAS – INSTITUTIONAL ETHICAL COMMITTEE</u>

Vels Institute of Science Technology and Advanced Studies (VISTAS–SPS-IEC) is registered with Central Drugs Standard Control Organization (CDSCO) under Directorate General of Health Services, Ministry of Health and Family Welfare, Government of India, Central Drugs Standard Control Organization (Ethics Committee Registration Division). The Ethics committee shall review and accord approval to Clinical Trial and BA/BE study protocol of new drugs and also conduct periodic review of the studies as per the New Drugs and Clinical Trial Rules, 2019.



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INSTITUTIONAL ETHICAL COMMITTEE

- > Approval Letter
- > Registration Number: ECR/ 288/ Indt / TN/2018/RR-2021, Dated: 20.01.2023
- > Valid from: 01.06.2023 to 30.05.2026

Campus : Velan Nagar, P.V. Vaithiyalingam Road, Pallavaram, Chennai - 600 117. INDIA. **Phone :** (91-44) 2266 2500 / 2266 2501 / 2266 2502 / 2266 2503, **Fax :** (91-44) 2266 2513

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ECR/1644/VELS/Indt/TN/2017/Re-Registration-2021

Government of India
Directorate General of Health Services
Central Drugs Standard Control Organization
(Ethics Committee Registration Division)

FDA Bhawan, Kotla Road, New Delhi – 110 002, India Dated:

To

The Chairman
VISTAS-SPS-IEC
School of Pharmaceutical Sciences, VISTAS,
Velan Nagar, P V Vaithyalingam Road Pallavaram,
Chennai, Kanchipuram, Tamil Nadu – 600117, India.

2 0 JAN 2023

Subject: Ethics Committee Registration No. ECR/288/Indt/TN/2018/RR-21, amendment to the composition of the Ethics Committee—regarding.

Sir/Madam,

Please refer to your application dated 07.01.2023 submitted to this Directorate vide no. P-2972148 dated 12.01.2023 for change in composition of the Re-Registered Ethics Committee.

Based on the documents submitted by you, the composition of your Ethics Committee bearing Registration number ECR/288/Indt/TN/2018/RR-21 dated 01.06.2021 valid until 31.05.2026 is hereby amended as follows, with all conditions of the Registration Certificate initially granted to you, remaining the same including the condition that "the Ethics Committee shall review and accord approval to Clinical Trial and BA/BE Study protocol of new drugs and also conduct periodic review of the studies as per the New Drugs and Clinical Trial Rules, 2019".

Sr. No.	Name of member	Qualification	Role/Designation in Ethics Committee
1.	Dr. Melvin George	MBBS, MD (Pharmacology)	Chairperson
2.	Dr. A. Vijayalakshmi	M.Pharm (Pharmacognosy), PhD	Member Secretary
3.	Dr. Naresh Kumar Krishnamurthy	MBBS, MS (Ortho)	Clinician
4.	Dr. Deepa Gurunathan	MDS, PhD	Clinician
5.	Dr. A. Maduram	MBBS, MD (Pharmacology)	Medical Scientist
6.	Mrs. Selin Semila Rani	MA (English)	Lay Person
7.	Dr. Dilshad Shaik	LLM, PhD	Legal Expert
8.	Dr. V. Karthikeyan	LLM	Legal Expert
9.	Mr. Bijukumar K Gopinathan	BBA, Hons. Doctorate in Social Work	Social Scientist
10.	Dr. Paul Ravikumar B	MTh, DD.	Social Scientist
11.	Dr. C. Ronald Darwin	M.Pharm (Pharmacology), PhD	Scientific Member

ECR/1644/VELS/Indt/TN/2017/Re-Registration-2021

12.	Dr. A. Kathiresan	M.Sc (Microbiology), PhD	Scientific Member
13.	Dr. B. Prem Kumar	M.Pharm (Pharmacology), PhD	Scientific Member
14.	Dr. R.J. Hemalatha	ME (Biomedical), PhD	Scientific Member

Yours faithfully

(Dr. V. G. Somani) Central Licensing Authority



INSTITUTE OF SCIENCE, TECHNOLOGY & ADVANCED STUDIES (VISTAS) (Deemed to be University Estd. u/s 3 of the UGC Act, 1956)
PALLAVARAM - CHENNAI

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INSTITUTIONAL ETHICAL COMMITTEE

> Institutional Ethical Committee - Minutes of Meeting held on 21.12.2023

Campus : Velan Nagar, P.V. Vaithiyalingam Road, Pallavaram, Chennai - 600 117. INDIA. **Phone :** (91-44) 2266 2500 / 2266 2501 / 2266 2502 / 2266 2503, **Fax :** (91-44) 2266 2513

Email: vels@vistas.ac.in Website: www.vistas.ac.in



VISTAS SPS IEC

Registration number ECR/288/Indt/TN/2018/RR-21

Minutes of Meeting

Institutional Ethical Committee (IEC) meeting held on 21.12.2023 (Thursday) in Pharmacy Conference Hall, Fleming Block, Vels Institute of Science Technology and Advanced Studies, Pallavaram, Chennai-600117, Tamil nadu from 9.00 AM onwards.

Members Present

- 1. Dr. Melvin George Chairperson
- 2. Dr. A. Vijayalakshmi Member Secretary
- 3. Dr. A. Maduram Medical Scientist
- 4. Dr. V. Karthikeyan Legal Expert Internal
- 5. Dr. B. Prem Kumar Scientific Member-External
- 6. Dr. C. Ronald Darwin Scientific Member-Internal
- 7. Dr. A. Kathiresan Scientific Member-Internal
- 8. Dr. R. J. Hemalatha Scientific Member-Internal
- 9. Dr. Paul Ravikumar B Social Scientist
- 10. Mrs. Selin Semila Rani Lay Person

Following protocols were presented before IEC members with recommendation against each member.

S.No	Name of the Principal Investigator	Title	Remarks
1.	Mr.Aravind.S Research Scholar	Effectiveness of aerobic training on heart rate recovery among preterm and term born young adults	Approved
2.	Mr.Logesh. E Research Scholar	Effect of specific mckenzie exercise on improving craniovertebral angle, neck disability and GERD impact scale among forward head posture patients with gastroesophageal reflux disease	Approved
3.	Ms.Manjula. S Research Scholar	Effects of neuroplasticity based brain-fit mind exercises on neuro cognition among college students with attentional deficits	Approved

p-			
4.	Ms.Sharmila. S Research Scholar	Effects of virtual reality training on muscle mass and balance parameters among elderly sarcopenic individuals with fall risk	Approved
5.	Ms.Siva Anandhi. R Research Scholar	Effects of shoulder eccentric strengthening exercise versus dynamic taping on scapular position, hand grip and quality of life among sub-acromial impingement syndrome	Approved
6.	Ms.Sumathi. M Research Scholar	Effect of plyometrics and high intensity resistance training on muscle activity and knee function among badminton players with post ACL reconstruction	Approved
7.	Ms.Vishnu Priya. T.M Research Scholar	Effectiveness of immersive virtual reality training on hand motor function among hemiparetics	Approved
8.	Ms.Deepa. R Research Scholar	Comparative study of pre and post donation samples of single donor platelet donors	Approved
9.	Ms.Sandhiya.M Research Scholar	Detection of abdomen disorder through iris by using deep learning techniques	Approved
10.	Dr.Jacintha Sharon Daniel Research Scholar	Post partum depression: prevalence, identification of parents at risk & intervention utilized for its management	Approved
11.	Mr.Sundar Sri. M.K Research Scholar	A prospective study on early predisposition to Osteomalacia in Indian adults on anti-convulsant therapy	Approved
12.	Mr.Adhiraj. B Ms.Akshaya. G Ms.Aparna.V (Pharm. D)	A Prospective study on Progress of Tacrolimus dosing using therapeutic drug monitoring	
13.	Mr.Aravind. M Ms.Dharshini. A.D Ms.Gnana Sundari. K (Pharm. D)	A prospective observational study based on the factors involved in escalation to de- escalation of anti microbial therapy among critically ill patients	Approved
14.	Mr.Immanuvel .T S.Jacintha Abisha angel Mr.Jagadesh. S (Pharm. D)	A prospective study on switch over from IV to oral antibiotic therapy among hospitalized patients in secondary care hospital Chennai	Approved
15.	Ms.Karunya Shree.G.V Ms.Krithika.V Ms.Lavanya.G (Pharm.D)	Assessing the effectiveness of virtual reality exposure in mitigating anxiety among pre and post operative patients undergoing surgery: A prospective study	Approved

16.	Ms.Mary Valentin.J Mr.Naveen.J Mr.Prashath.S (Pharm. D)	Effect of High intensity Statin on inflammatory bio markers as secondary therapy for patients with CAD	Approved
17.	Mr.Rakkesh Praveen. S Ms.Saipooja. G Mr.Shanmuga Chandru.S (Pharm. D)	A study on contact dermatitis patients among dermatitis population in Chennai hospital	Approved
18.	Ms.Shreesha. B Ms.Sreelakshmi. S Mr.Sriram. N (Pharm.D)	A prospective comparative study of two fixed combination drugs: Brinzolamide/Timolol and Brimonidine/Timolol in patients with open angle glaucoma	Approved
19.	Mr.Vignesh. S Ms.Vinisha. M Mr.Parigodson. G.K (Pharm.D)	A prospective comparative study on therapeutic efficacy of Telmisartan plus Amlodipine and Amlodipine plus Hydrochlorthiazide in patients with hypertension and diabetes mellitus	Approved
20.	Ms.Sherly Grace. J Mr.Sai Avinash. J Ms.Bhuvaneshwari. D (Pharm.D)	Comparative study of efficacy and adverse drug reaction monitoring of angiotensin converting enzyme (ACE) inhibitors and angiotensin receptor blockers (ARB) in cardiovascular disease	Approved
21.	Mr.Deepak. H Ms.Gayathri. K Mr.Jagannath. C (Pharm.D)	Role of Sodium Glucose Cotransport 2 inhibitor improving cardiac and renal function in patients with diabetes mellitus	Approved
22.	Mr.Nandhaperumal. G Ms.Radhika. G Ms.Reethika. M (Pharm.D)	Assessment of antifungal use through antifungal stewardship interventions in a secondary care hospital	Approved
23.	Ms.Sandhya. N Mr.Surendhar. A Mr.Vasantha Kumar. S (Pharm.D)	Assessing the impact of Ceftazidime/Avibactam on antimicrobial resistance and clinical outcome	Approved
24.	Mr.Rishi Raj. K Mr.Zaid Zainal Hussain (Pharm.D)	Assessment of renal dosage adjustment for anti-hypertensive agents, oral hypoglycemic drugs, anti-hyperlipidemic drugs in chronic kidney disease patients (stage I, II, III): A prospective study	Approved
25.	Mr.Hari Prasath. D (M. Pharm)	A prospective study of measuring the cognitive function among geriatric patient using neurology drug (Donepezil) for Alzheimer disease at tertiary care hospital	Approved

26.	Mr.Balaji. K (M. Pharm)	Evaluating the adverse drug reactions, tolerability of Pregabalin in geriatrics	App
27.	Mr.Ajith, V (M. Pharm)	A study to compare the efficacy of Vildagliptin plus Metformin versus Glimepride plus Metformin in type 2 diabetes mellitus patients	
28.	Mr.Ameen Amnullah. S (M. Pharm)	To evaluate the safety, tolerability and adverse reaction of antibiotics in elderly patients	Appr
29.	Mr.Pavan Kumar. D (M. Pharm)	Implement prospective medication safety initiatives in pediatric wards and assess their impact on reducing medication errors	Appr
30.	Mr.Harishwar. S (M. Pharm)	The effects of anti epileptic medications on lipid profile and thyroid function in epilepsy patients in tertiary care hospital	Appro
31.	Mr.Kiran Kumar. S (M. Pharm)	Effectiveness of clinical pharmacist interventions in a tertiary care hospital outpatient in general medicine department	Appro
32.	Mr.Linfred Suthix. J.S (M. Pharm)	A prospective to identify adverse reactions in medical therapy in the elderly patient	Appro
33.	Ms.Pooja. S (M. Pharm)	The effect of pharmacist involvement in senior citizens with chronic conditions suffering from rheumatoid arthritis	Appro
34.	Mr.Rajesh. S (M. Pharm)	A prospective study on Furosemide drug therapy induced electrolyte disturbance and its complication in hypertension patient	Appro
35.	Mr.Rohith. S. M (M. Pharm)	Knowledge, attitude and practice analysis towards polycystic ovarian syndrome (PCOS): A cross sectional study	Appro
36.	Mr. Vasanth. M (M. Pharm)	Evaluation of prescribing pattern of proton pump inhibitors among patients visiting tertiary care hospital: cross sectional study	Appro
37.	Mr.Vishva. S (M. Pharm)	Pharmacoeconomic evaluation of antidiabetic treatments	Appro

38.	Mr.Ruthrakotti. K (M. Pharm)	Testing a medicine information in hospital patients: a cross-sectional study	Approved
39.	Mr.Mukil Vannan. M (M. Pharm)	Statin in diabetes mellitus: Impact on lipids, glucose regulation, and cardiovascular risk reduction	Approved
40.	Ms.Dharshini Priya, P Ms.Lavanya, A Ms.Tamil Murasoli, B (B. Pharm)	Personalised medicinal approach for anticonvulsant drug selection in type 2 diabetic patient in secondary care hospital: An observational study	Approved
41.	Ms.Jothika. R Mr.John Peter. S Mr.Kaviarasu. S (B. Pharm)	Evaluation of self care behaviour among hypertensive patients: An observational study conducted in Chennai	Approved
42.	Mr.Haribaskar. S Mr.Jaiganesh. S Ms.Jane Susan Stacey. (B. Pharm)T	Clinical management of inpatient diabetic foot infections - an observational study	Approved
43.	Mr. Sarath Kumar. R Mr. Sakthi Bala. E Mr. Sakthivel. T (B. Pharm)	Knowledge, attitude and practice regarding high alert medication among health care professionals in secondary care hospital	Approved

Dr. A. Vijayalakshmi

(Member Secretary)

Copy to

- 1. All Institutional Ethics Committee Members
- 2. Vice Chancellor-VISTAS
- 3. Dean, SPS





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INSTITUTIONAL ETHICAL COMMITTEE

- > Approval Letter
- > Registration Number: ECR/ 288/ Indt / TN/2018, Dated: 05. 03.2018
- > Valid from: 05.03.2018 to 30.05.2023

Campus: Velan Nagar, P.V. Vaithiyalingam Road, Pallavaram, Chennai - 600 117. INDIA. Phone: (91-44) 2266 2500 / 2266 2501 / 2266 2502 / 2266 2503, Fax: (91-44) 2266 2513

Email: vels@vistas.ac.in Website: www.vistas.ac.in

File No. ECR/1644/VELS/Indt/TN

Government of India

Ministry of Health & Family Welfare Directorate General of Health Services Office of Drugs Controller General (India) Central Drugs Standard Control Organization

> FDA Bhawan, Kotla Road, New Delhi – 110 002, India Dated: 05 03/2018

To

The Chairman
Ethics Committee
(VISTAS-SPS-IEC)
School of Pharmaceutical Sciences
VISTAS, Vels University, Pallavaram
Chennai-600117, Tamil Nadu, India

Sub: Ethics Committee Registration No. ECR/288/Indt/TN/2018 issued under Rule 122DD of the Drugs & Cosmetics Rules, 1945.

Sir/Madam,

Please refer to your application submitted to this Directorate for the Registration of Ethics Committee.

Your Ethics Committee is hereby registered under Rule 122DD vide Registration No. ECR/288/Indt/TN/2018 with the following composition and all the condition mentioned under the Registration certificate issued to you.

Sr. No.	Name of member	Qualification	Role/Designation in Ethics Committee
1,	Dr. J. Anbu	Ph.D (Pharmacology)	Chairman
2.	Dr. M. Vijey Aanandhi	M.Pharm, Ph.D	Member Secretary
3.	Dr. V. Mohan Ram	MBBS, DA	Clinician
4.	Dr. T.N. Uma Maheswari	MDS, Ph.D	Clinician
5.	Dr. R. Geetha	MD (Pharmacology)	Basic Medical Scientist
6.	Mr. S. Ashok Kumar	MA, ML	Legal Expert
7.	Mrs. R.Uma Maheswari	Higher Secondary	Lay Person
8.	Dr. M. Thanilarasan	MA, M.Phil, Ph.D (Sociology)	Social Scientist
9.	Rev. J. David Gnana Prakasam	BA, BD	Theologian
10.	Dr. S. Sathesh Kumar	M.Pharm, Ph.D	Scientific Member
11.	Dr. R. Sangeetha	M.Sc., Ph.D	Scientific Member
12.	Prof. M. Sekar Babu	M.Pharm	Scientific Member
13.	Dr. V. Santhosh Kumar	M.Pharm, Ph.D	Scientific Member
14.	Mrs. M. Thilagam	Diploma in Nursing	Scientific Member

Yours faithfully,

(Dr. S. Enwire Reigly)
Drugs Controller General (I) & Excensing Authority

स्वास्थ्य रोवा महानिदेशालय स्वास्थ्य एवं परिवार कल्याण मत्रालय एफ.डी.ए. भवन, कोटला रोड, आई.टी.ओ. नई दिल्ली-110002 INSTITUTE OF SCIENCE, TECHNOLOGY & ADVANCED STUDIES (VISTAS)
(Deemed to be University Estd. u/s 3 of the UGC Act, 1956)
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INSTITUTIONAL ETHICAL COMMITTEE

> Institutional Ethical Committee - Minutes of Meeting held on 17.05.2023

Campus : Velan Nagar, P.V. Vaithiyalingam Road, Pallavaram, Chennai - 600 117. INDIA. **Phone :** (91-44) 2266 2500 / 2266 2501 / 2266 2502 / 2266 2503, **Fax :** (91-44) 2266 2513

Email: vels@vistas.ac.in Website: www.vistas.ac.in



VISTAS SPS IEC

Registration number ECR/288/Indt/TN/2018/RR-21

Minutes of Meeting

Institutional Ethical Committee (IEC) meeting held on 17.05.2023 (Thursday) in CARD Conference Hall, Vels Institute of Science Technology and Advanced Studies, Pallavaram, Chennai-600117, Tamilnadu at 9.00 AM onwards.

Members Present

- 1. Dr. Melvin George Chairperson
- 2. Dr. A. Vijayalakshmi Member Secretary
- 3. Dr. A. Maduram Medical Scientist
- 4. Dr. Naresh kumar Krishnamurthy Clinician
- 5. Dr. Dilshad Shaik Legal Expert External
- 6. Dr. V. Karthikeyan Legal Expert Internal
- 7. Dr. C. Ronald Darwin Scientific Member-Internal
- 8. Dr.A. Kathiresan Scientific Member-Internal
- 9. Dr. R. J. Hemalatha Scientific Member-Internal
- 10. Mrs. Selin Semila Rani Lay Person

Following protocols were presented before IEC members with recommendation against each member.

S.N o	Name of the Principal Investigator	Title	Remarks
1	Mr. Chandan. C M.Sc. Student (Yoga)	Effect of Trataka Practice on Visual acuity among college students	Approved
2	Mr. Darshangowda. MS M.Sc. Student (Yoga)	Effect of Asana on body composition level among obesity men.	Approved
3	Ms. Devi. K M.Sc. Student (Yoga)	on Linia Profile among Hypertension	
4	Mr. Dinesh Kumar.S M.Sc. Student (Yoga)	Impact of Suryanamaskar and Asanas on Flexibility Levels among School Children	Approved
5	5 Mr. Gandharva Natesh M.Sc. Yoga Effects of Yoga Nidra Practice on Blood Glucose Level among Middle-Aged Men with Type 2 Diabetes Mellitus		Approved

6	Ms. Geetha. S M.Sc. Student (Yoga)	Effect of Yoga Practices on Hemoglobin Levels among Women	Approved
7	Ms. Kavitha. S M.Sc. Student (Yoga)	Impact of Creative Yoga intervention on attention span and grip strength in higher functioning Autistic children	Approved
8	Ms. Mamatha M.Sc. Student (Yoga)	Effect of Yoga Mudras on Blood Pressure levels among Middle-Aged Men with Hypertension	Approved
9	Ms. Mamatha. K C M.Sc. Student (Yoga)	Effect of Ujjayi Pranayama on Thyroid Hormones levels among Women with Hypothyroidism	Approved
10	Ms. Mythreyee. B K M.Sc. Student (Yoga)	Effect of yogic practices on memory level among school children	Approved
11	Ms. Piriamalini Pandurengan M.Sc. Student (Yoga)	Effect of Yoga Nidra on Blood Pressure Level among people with Hypertension	Approved
12	Ms. Poonamalli Amulya M.Sc. Student (Yoga)	Impact of Silent Meditation and Pranayama on Stress Level among IT Professionals	Approved
13	Ms. Prathibha. T M.Sc. Student (Yoga)	Impact of Prana Pranava meditation on Blood Pressure level among Hypertension people	Approved
14	Ms. Rama. S M.Sc. Student (Yoga)	Effects of Mudra and Nadanusandhana Pranayama on Blood Pressure among Hypertension in Men	Approved
15	Mr. Ravanikar. HM M.Sc. Student (Yoga)	Effect of Pranayama Practice on selected physiological variable of sports persons	Approved
16	Ms. Rohini. K M.Sc. Student (Yoga)	Effects of Yoga Practices on TSH levels on women with Hypothyroidism	Approved
17	Ms. Sandhya. K M.Sc. Student (Yoga)	Effect of selected Yoga Practices on clinical variables among Geriatric patients with Chronic Low Back Pain	Approved
18	Ms. Shyamala. V M.Sc. Student (Yoga)	Impact of chanting 'OM' on Blood Pressure and Heart Rate levels among persons with Hypertension	Approved
19	Ms. Suganya. K M.Sc. Student (Yoga)	Efficacy of Yogic interventions on Hormone level among women with Polycystic Ovarian Syndrome	Approved
20	Ms. Sumithra. M M.Sc. Student (Yoga)	Effect of Yogic practices on Liver Enzyme levels among Obesity women	Approved
21	Ms. Surabhi. CK M.Sc. Student (Yoga)	Effect of selected Pranayama on Breath Holding Time and Vital Capacity among College Students	Approved
22	Ms. Suvarna Gaonkar M.Sc. Student (Yoga)	Effect of Yogic Practices on Muscular Endurance among School Children	Approved

Mr. Vasu. M M.Sc. Student (Yoga)	Effect of selected Asanas and Pranayama on flexibility and Cardiovascular endurance among Tennis Players	Approved
Ms. Shilpa M.Sc. Student (Yoga)	Effect of selected Yogic Practices on pain and flexibility level among Women with Mechanical Low Back Pain	Approved
Ms. Anuradha. M Research Scholar (Yoga)	Effect of Asana Pranayama and Yoga Nidra on Physiological and Biochemical Level of Type-2 Diabetic Working Male Participants	Approved
Ms. Gajalakshmi. A Research Scholar (Yoga)	Effect of selected Asanas and Pranayama on Clinical and Physiological Variables among Women with Neck Pain	Approved
Mr. Harindranath. TG Research Scholar (Yoga)	Effect of Pranayama Practices on Pulmonary Function in Subjects with Bronchial Asthma	Approved
Ms. Poornima. R Research Scholar (Yoga)	Impact of Yoga Practices on Psychophysiological and Metabolic Variables among Male Adults with Metabolic Syndrome	Approved
Mr. Rajeevan. P V Research Scholar (Yoga)	Impact of selected Yogic Practices on Physiological and Biochemical variables among Middle-Aged men with Hypertension in Kannur district, Kerala	Approved
Ms. Sapna. K Research Scholar (Yoga)	A Comparative Study on Selected Yogic Practices and Bharatanatyam Adavus on Anthropometric Parameters and Lipid Profile among Overweight Women in Calicut District	Approved
Ms. Sumitra Patil Kulkarni Research Scholar (Yoga)	Effect of Yogic Practices on Physical and Biochemical variables among Polycystic Ovarian syndrome Women's	Approved
	M.Sc. Student (Yoga) Ms. Shilpa M.Sc. Student (Yoga) Ms. Anuradha. M Research Scholar (Yoga) Ms. Gajalakshmi. A Research Scholar (Yoga) Mr. Harindranath. TG Research Scholar (Yoga) Ms. Poornima. R Research Scholar (Yoga) Mr. Rajeevan. P V Research Scholar (Yoga) Ms. Sapna. K Research Scholar (Yoga)	M.Sc. Student (Yoga) Ms. Shilpa M.Sc. Student (Yoga) Ms. Shilpa M.Sc. Student (Yoga) Ms. Anuradha. M Research Scholar (Yoga) Ms. Gajalakshmi. A Research Scholar (Yoga) Mr. Harindranath. TG Research Scholar (Yoga) Ms. Poornima. R Research Scholar (Yoga) Mr. Rajeevan. P V Research Scholar (Yoga) Mr. Rajeevan. P V Research Scholar (Yoga) Ms. Sapna. K Research Scholar (Yoga) Ms. Sapna. K Research Scholar (Yoga) Ms. Sapna. K Research Scholar (Yoga) Ms. Sumitra Patil Kulkarni Ms. Sumitra Patil Kulkarni Ms. Stapa. K Ms. Sumitra Patil Kulkarni Ms. Sumitra Patil Kulkarni Ms. Stapa. Student (Yoga) Effect of selected Asanas and Pranayama on Clinical and Physiological Variables among Women with Neck Pain Effect of Pranayama Practices on Pulmonary Function in Subjects with Bronchial Asthma Impact of Yoga Practices on Psychophysiological and Metabolic Variables among Male Adults with Metabolic Syndrome Impact of selected Yogic Practices on Physiological and Biochemical variables among Middle-Aged men with Hypertension in Kannur district, Kerala A Comparative Study on Selected Yogic Practices and Bharatanatyam Adavus on Anthropometric Parameters and Lipid Profile among Overweight Women in Calicut District Effect of Yogic Practices on Physical and Biochemical variables among Polycystic

A. Vyayakan (Dr. A. Vijayalakshmi)

Member Secretary-IEC Signature Not Verified

Digitally Signed by: PIR GOUNDER SARAVAINA Date: 16-May-2024 09:3

Copy to

1. All Institutional Ethics Committee Members

- 2. Vice Chancellor-VISTAS
- 3. Dean, SPS