# Gender Sensitization Activities (2023-2024)

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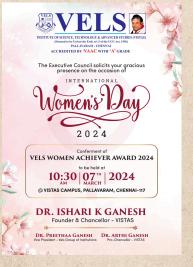
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REGISTRAR Registrar Vels Institute of Science, Technology & Advanced Studies (VISTAS) Pallavaram, Chennai - 600 117.

# **WOMENS DAY 2023-2024**

The Board of management organized International Women's day on 7 March 2024 at VISTAS, with

conferment of "Vels women Achiever award 2024"















# V-Fund 2023-2024

VISTAS feels proud to celebrate their achievements and to recognize the immense contributions to our society by conferring the "VELS Women Achiever Award 2023" to below distinguished women at the VELS Campus

- Prof. Dr. Gowri Ramesh-Registrar, The Tamilnadu Dr. Ambedkar Law University
- Ms Vandhana Ramanathan-Women Entrepreneur, cofounder of WSquare and Chief Marketing and strategy officer of Shevolve-Chennai
- · Ms Santhi Soundarajan-Indian track and field athlete
- Ms Shiny Surendran-Holistic nutritionist, author and entrepreneur
- Ms Archana Ravichandran-Actress and Bigg boss 7 Title winner
- Ms. Priyanka















The VELS VFUND winners of 2 Lakh seed fund each, Ms. Sudha Jayachandran - Proprietor, Wud Little Toys, Cuddalore, Ms. Jegathambal -Co - Founder, Mappillai Selvathaniyam Foods and Snacks (Millets), Madurai and Ms. Archana Udayakumar - Founder, Naya Organics Limited, Chennai too. Many congratulations to the recipients.

REGISTRAR

# Women's Achiever Award 2023-2024











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- Ms. Priyanka NK- Singer



# Women's Achiever Award 2023-2024





#### PROF. DR. GOWRI RAMESH

Registrar, The Tamil Nadu Dr. Ambedkar Law University



Women Entrepreneur-Co-Founder WSQUARE-Chief Marketing & Strategy Officer of Shevolve - Chennai, Tamil Nadu, India





## Ms. SANTHI SOUNDARAJAN

Indian Track & Field Athelete, Tamil Nadu, NIS, Sports Authority of India (SAI), Bangalore

#### Ms. SHINY SURENDRAN

Holistic Nutritionist, Author, Entrepreneur and an Unshakable Optimist, Chennai





#### Ms. Archana Ravichandran

Actress & Bigg Boss 7 Title Winner

MS. PRIYANKA NK
Singer



# PREVENTION OF SEXUAL HARASSMENT (POSH)

On 25th July 2023, a one-day sensitization workshop on the Prevention of Sexual Harassment (POSH) Act, 2013, was conducted as part of a special drive to raise awareness and educate participants about the importance of a harassment-free environment in workplaces and educational institutions. The workshop was organized with the goal of ensuring adherence to the POSH Act, fostering a respectful and safe environment, and providing legal knowledge on the rights and responsibilities of employees and employers under the law. The workshop was highly interactive, with participants engaging actively throughout the session. They asked questions related to the practical application of the POSH Act, including how to handle sensitive situations and how to ensure confidentiality in complaints. Ms. Nirmala provided thoughtful answers, offering real-life scenarios to further clarify the application of the law.

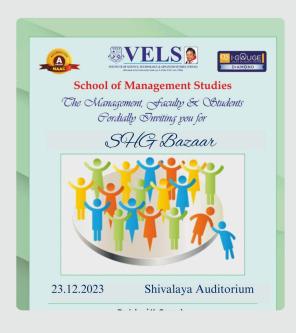






# **SHG BAZAAR**

## 23.12.2023



The School of Management Studies of VISTAS conducted the Vels University self-help group bazaar on 23rd December, 2023 (Saturday) at Shivalayaa Auditorium, VISTAS, Pallavaram. The bazaar is being conducted as part of CSR activities ofVISTAS towards economic empowerment of women self-help groups (SHGs) and it aims to empower women Self Help Group Members by providing opportunity for them to showcase and sell their products. There were nearly 20 stalls put up by the various vendors.

















**SELF HELP GROUP** 

REGISTRAR

REGISTRAR
Registrar
Vels Institute of Science, Technology
& Advanced Studies (VISTAS)
Pallayaram, Chennai - 600 117.

# SHG DIGITAL BAZAAR

### 15.10.2023

The School of Management Studies of VISTAS conducted the self-help group digital bazaar on 15th October, 2023 (Sunday). The program was conducted through online platform (Google meet). As a part of CSR activities of VISTAS towards economic empowerment of women self-help groups (SHGs), this event aims to empower women Self Help Group Members by providing an opportunity for them to showcase and sell their products on a digital platform, eliminating the logistics costs.



The MBA department has taken this initiative to promote the marketing of SHG products with the active involvement and support of MBA students. Students from MBA department were put as in charges for small groups of women SHG members which also helped in developing the general management skills of the students.

There were 2 chief guests present for the program

- Mrs. M. Usha
- Mr. B. Aravindhan



They spoke on Digital marketing and content marketing which were useful for the women SHG members to further promote their products. The session was enlightening to the members and they cleared their doubt as well. Following this each member present in the meet started to showcase the image of their products by sharing their screen and explaining about their products. Each member was given 10 mins of time. Nearly 25 SHG women members were present to market their products in the Digital Bazaar.

# **SHG BAZAAR**

## 08.02.2023





The School of Management studies conducted SHG University Bazaar 2023 on 08.02.2023 (Monday). The program aimed to create opportunities for student to understand SHG unorganized market & promotes women empowerment. It is a part of the department extension and outreach activity for promoting women empowerment. It also created an opportunity for developing entrepreneurial skill among MBA Students especially since it was a brand image of our department. The program was inaugurated by Dr. S. Sriman Narayanan, Vice-Chancellor. The first purchase was made by Dr. P. Saravanan, Registrar. Vice President, Vels Group of Institution Dr. Preethaa Ganesh visited and encouraged the students for their effective participation in the self help group bazaar.













# **SAMUDAYA VALAIKAAPU-2023**





VISTAS demonstrates a commitment to nurturing not just individuals but also the community as a whole. It fosters a sense of belonging and solidarity among community members and promotes social cohesion and mutual support, which are essential elements of community empowerment.









# Antenatal camp















A camp for
Antenatal mothers
and the general
people was
conducted in
Sethupakkam for
123 beneficiaries,
among which 100
were females and
23 males on
27.04.2023

# In House Antenatal camp

INHOUSE ANC Camp of VMCH

Date: 15/06/23

Time: 09:30 am to 2:00 pm Beneficiaries: 50 FEMALES Medical experts from OG Department, VMCH Dr.Logeswari and her team had done the medical advice and health education to the beneficiaries





# MEDICAL CAMP

# Antenatal camp



VELS Medical College Hospital, organized a ANC CAMP under the guidance of Dr.Preetha Ganesh, Vice chancellor VELS and Prof. Dr. Kumudha Lingaraj, Dean, VELS Medical College Hospital and OG Department from VELS hospital.

A camp for Antenatal mothers was conducted in Vadamadurai for 61 beneficiaries. A camp was organized for antenatal mothers on 05.01.2023 at Thirukandalam. 61 patients were screened and given medical advice.







# Health education & Antenatal camp

A camp for Antenatal mothers was conducted in Vadamadurai for 51 beneficiaries. Health education was given to 51 Antenatal mothers in Vadamadurai by a medical team of VMCH on 10.02.2023. It was organized as an ANC camp.





#### SPECIALITY CAMP





### 19.01.2023



Specialty camp was conducted in Pennar industry by VMCH on 19.01.2023. 127 participants were screened for Diabetes Mellitus by our medical team.

#### **ANAEMIA SCREENING CAMP**





#### 20.01.2023



A health camp was conducted in GT Products Pvt Ltd, Ernakuppan village, Vadamadurai by VMCH on 20.01.2023. 110 participants were screened for Anaemia by our medical team. Ophthalmology check-up was also done by our expert's team.

#### **OPHTHALMOLOGY CAMP**







An Ophthalmology
camp was
conducted in
Honda cars India
Ltd on 01.02.23 for
184 beneficiaries.

# CERVICAL CANCER AWARENESS PROGRAM AND VACCINATION CAMP

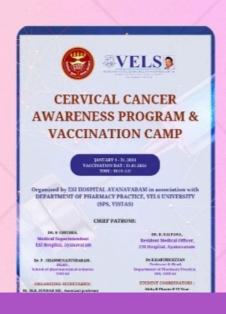
1ST JANUARY - 31ST JANUARY 2024



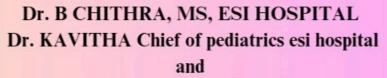
"Together we can strive to end cervical cancer within a few generations" with this goal in mind, WHO and its partners collaborated to raise public awareness of cervical cancer during the month of January. Which bought together the healthcare workers of ESI HOSPITAL, AYANAVARAM as well as the students of Pharm D 5th and Interns Department of Pharmacy Practice, VELS UNIVERSITY (SPS VISTAS).

This program started in a traditional way in presence of DR. B CHITHRA, MS, DR. K KALPANA, RMO, DR. KAVITHA CHIEF OF PEDIATRICS ESI HOSPITAL AND DR. K KARTHICKEYAN HOD OF PHARMACY PRACTICE VISTAS









Dr. K KARTHICKEYAN hod of pharmacy practice VISTAS took us through the importance of cervical cancer program by giving an informative speech.







The entire event was expertly hosted by the students of Pharm.D 5TH YEAR AND INTERNS OF SPS VISTAS. A students of pharm.d 5th year gave a effective speech about significance of cervical cancer to the general public





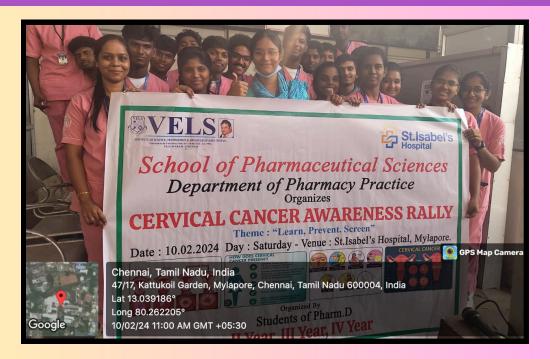


To make this awareness program a success the students of pharm.d
5th year and Interns enthusiatically participated to aware the
general public and the patients by the mean of councelling regarding
the cervival cancer and distributing the pamphlets.
the entire public has been notified about the immunisation camp held
at ESI Hospital Ayanavarm, Patients have expressed interest in
receiving vaccinations to prevent cervical cancer.











The cervical cancer awareness speech at St Isabel's Hospital effectively raised awareness about prevention and early detection among attendees. The Pharm D students' efforts provided valuable information and fostered an environment for open discussion about women's health. Continued initiatives like this are essential for empowering the community and promoting proactive health management.









# UNDERSTANDING GENDER AND SEXUAL DIVERSITY



INSTITUTE OF NORNOY, TECHNOLOGY & ADVANCED STEDRES (V)
(Found to be Unboody Evel, as 3 of the UGC Act, 1956)
PRELANDIAM - CHENNAL

ACCREDITED BY NAAC WITH 'A' GRADE
Marching Beyond 30 Years Successfully
INSTITUTION WITH UGC 128 STATUS

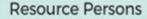


#### **GENDER SENSITIZATION CELL**

Organizes One Day Gender Sensitization Workshop in

# Understanding Gender and Sexual Diversity

Date: 13.03.2023 Time: 1.00 P.M to 3.00 P.M Venue: VIBA Auditorium



Mx. Sivakumar T. D. Dr. S. NAVEENRAJ

Activist, LGBTQIA+ Communities, Nirangal NGO Sensitization coordinator, Nirangal NGO



# Dr. Ishari K. Ganesh,

Founder - Chancellor, VISTAS

Dr. A. Jothi Murugan Pro - Chancellor (P & D) VISTAS Dr. Arthi Ganesh Pro - Chancellor (Academics) VISTAS Dr. Preethaa Ganesh Vice President, Vels Group of Institutions

Dr. S. Sriman Narayanan Dr. M. Bhaskaran Vice-Chancellor, VISTAS Pro Vice-Chancellor, VISTAS

Dr. P. Saravanan Registrar, VISTAS

#### Dr. R. J. Hemalatha

Chair Person, Gender Sensitization Cell, VISTAS

#### **Gender Sensitization Cell Members**

Dr. P. Brindha Devi, Dr. P. G. Thirumagal, Mr. C. Prabakar Christoper David Dr. S. Jerritta, Dr. K. Karthickeyan Ms. C. Salini

Organizing Member

Ms. K. Rajakumari

# **GENDER SENSITIZATION WORKSHOP**

# UNDERSTANDING GENDER AND SEXUAL DIVERSITY



Understanding gender and sexual diversity involves recognizing the intersections of gender identity, sexual orientation, race, ethnicity, class, ability, and other social identities. Marginalized communities, such as LGBTQ+ people of color, face unique challenges and forms of discrimination that require intersectional approaches to advocacy and support.

It is crucial to address the complex ways in which multiple forms of oppression intersect and impact individuals' experiences of gender and sexuality. In this regard, the Gender Sensitization Cell of Vels Institute of Science Technology and Advanced Studiesorganized a seminaron "Understanding Emotions and Gratitude" on 13th MARCH 2023 in the VIBA Auditorium.

The Resources person for the seminar was Mx. SivakumarT.D. Activist, LGBTQIA+ Communities, Nirangal NGO. And Dr.S. Naveenraj Sensitization coordinator, Nirangal NGO.