SENSITIZATION OF STUDENTS AND EMPLOYEES OF THE INSTITUTION TO THE CONSTITUTIONAL OBLIGATIONS: VALUES, RIGHTS, DUTIES AND RESPONSIBILITIES OF CITIZENS

- 1. National Voters Day
- 2. Voters Machine Awareness
- 3. Blood Donation camp
- 4. Drug Abuse Awareness Camp
- 5. Medical Camp
- 6. Antenatal Camp
- 7. Tree Plantation Day
- 8. Law Day
- 9. Cervical Cancer Awareness Day
- 10. World Humanitarian Day

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REGISTRAR
Registrar
Vels Institute of Science, Technology
& Advanced Studies (VISTAS)
Pallavaram, Chennai - 600 117.

## NATIONAL VOTERS DAY

"We, the citizens of India, having abiding faith in democracy, hereby pledge to uphold the democratic traditions of our country and the dignity of free, fair and peaceful elections, and to vote in every election fearlessly and without being influenced by considerations of religion, race, caste, community, language or any inducement"



#### வேல்ஸ் கல்லூரி NSS மாணவர்க வாக்காளர் தின விழிப்புண



மாவட்டம்.பல்லாவரம் வட்டாட்டியர் வட்டாட்டிய அலுவலகத்தில் 10 வது தேசியர் உட்டாட்டிய வரக்கவைட் வாக்காளர் நினம் N S S கடைபீடிக்கப்பட்டது வாக்களிப்படுன் அணிபினரு முக்கியத்தை உணர்த்த பல்லாவரம் க்கு நினைவு வேல்ஸ்கல்லூரி NSS மாணவர்கள் சுமார் கோப்பை 500 மேற்பட்டோர் கலத்துகொண்டு பை பரிசனித்தார். கல்லூரி வளாகத்தில் இருத்து புறப்பட்ட இத்திகழ்ச்சி பிப்புணியை பல்லாவரம் மீல் வட்டாட்சியர் மதிப்புமிகு பல்லாவரம்

தேசிய ர் அவர்கள் இனம் N S S











## **VOTERS MACHINE AWARENESS**





## Voting Checklist

- 1. Register to vote.
- 2. Find out where your polling place is. You can also explore absentee and early voting options.
- 3. Research about the candidates in your area and what they stand for.
- 4. Create a list of who you're voting for.
- 5. Cast your ballot.



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Even just one vote has the power to change the future.





Blood Donation Camp Organized by Sethuppakkam Village and VMCH at Sethuppakkam Village VMCH on 13th June 2024 for the beneficiary of Sethuppakkam Village People.



Blood Donation Camp Organized by Pakkam Village and VMCH at Pakkam Village VMCH on 18th June 2024 for the beneficiary of Pakkam Village People.











Blood Donation Camp Organized by Sethuppakkam Village and VMCH at Sethuppakkam Village VMCH on 13th September 2024 for the beneficiary of Sethuppakkam Village People.



Blood Donation Camp Organized by Sethuppakkam Village and VMCH at Sethuppakkam Village VMCH on 18th January 2024 for the beneficiary of Sethuppakkam Village People.





Blood Donation Camp Organized by Sethuppakkam Village and VMCH at Sethuppakkam Village VMCH on 21st March 2024 for the beneficiary of Sethuppakkam Village People.



Blood Donation Camp Organized by Guduvancherry Village and VMCH at Guduvancherry Village VMCH on 9th April 2024 for the beneficiary of Guduvancherry Village People.





Blood Donation Camp Organized by Pakkam Village and VMCH at Pakkam Village VMCH on 28th June 2024 for the beneficiary of Pakkam Village People.



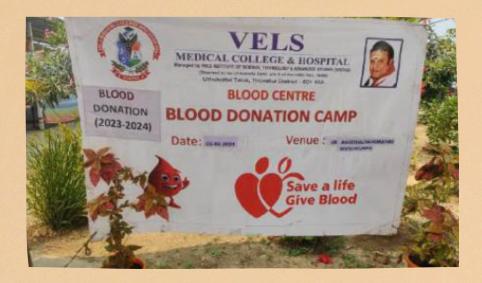


Blood Donation Camp Organized by Sethuppakkam Village and VMCH at Sethuppakkam Village VMCH on 5/25/2024 for the beneficiary of Sethuppakkam Village People.





Blood Donation Camp Organized by Pazhaverkadu Village and VMCH at Pazhaverkadu Village VMCH on 20th July 2024 for the beneficiary of Pazhaverkadu Village People.



Blood Donation Camp Organized by Kandamangalam Village and VMCH at Kandamangalam Village VMCH on 14th June 2024 for the beneficiary of Kandamangalam Village People.





## DRUG ABUSE AWARENESS

## Say No to Drugs

















Say No to Drugs - VISTAS Drug-Free Tamil Nadu The event aimed at raising awareness about drug abuse featured the Chief Minister joining online, alongside various ministers who participated offline. Attendees took an oath to promote a drug-free lifestyle, reinforcing community commitment to this cause. The program included testimonials from recovering addicts, workshops for youth and parents, and cultural performances, all designed to educate and engage the public. This initiative marks a significant step towards creating a drug-free Tamil Nadu through collective efforts from government officials and community leaders.

#### **DRUG ABUSE AWARENESS**

## Say No to Drugs



NSS Unit of Vels Institute of Science Technology and Advanced Studies, Pallavaram, Organized "International Day against Drug abuse and illicit Traffic king", in association with Maraimalaiadigal Higher Secondary school Pallavaram, Municipality Higher secondary school and T3 Police Station Pallavaram.





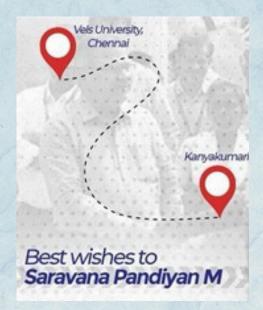




We Created awareness against Drug abuse among the public. Pamphlets and Flyers were distributed to the public and they were educated about the health hazards by using drugs. NSS Coordinator-Dr. M. Prabhakaran Programme Officers:-Dr.A.Manikandan-[Unit-I],Dr.V.Maheshwari-[Unit-II], Dr. Vijayalakshmi.P-[Unit-III],Dr. I. Somasundaram-[Unit-IV],40 NSS students of VISTAS, 40 School students and 30 Police officials participated in this Awareness campaign.

## CYCLES FOR A CAUSE





As a mechanical engineering student at Vels Institute of Science, Technology & Advanced Studies, I recently had the opportunity to participate in the "Cycles for a Cause" campaign, a 700 km cycling journey from Chennai to Kanyakumari on 11th, March 2024 aimed at raising awareness about drug abuse.









#### DRUG ABUSE AWARENESS











"Real Friends Don't Let Friends Do Drugs." The event opened with a welcome address, followed by a special message from the Dean of HCM, emphasizing the importance of healthy choices. Ms. Bhanu Suresh Babu, Founder of concern Charitable Trust, led an engaging session on the dangers of drug use and the vital role of peer support. Students participated actively in a Q&A segment, which deepened their understanding of the issues discussed. The event concluded with a vote of thanks by Ms. Tina, a final-year B.Sc. student. Key takeaways included the importance of promoting accurate information about drugs and recognizing the potential health, social, and legal consequences of substance abuse. Overall, the session effectively encouraged students to foster a supportive, drugfree environment.

#### DERMATOLOGY & OPHTHALMOLOGY CAMP

05.08.2023















General, Dermatology and Ophthalmology camp was conducted in BGR energy Unit-I, Thatchoor on 05.08.23 from 09:15 am to 3:00 pm Beneficiaries: 75 people, in which Male – 63, female 12. Referral -22.

#### OPHTHALMOLOGY CAMP















18.08.2023

General and
Ophthalmology camp was
conducted in ARS TMT
Gummidipoondi by VMCH
on 18.08.2023 from
9.30am to 2.15pm. 83
participants were
screened by our medical
team in which male 76,
female 7 and referral 22.

#### GENERAL SURGERY CAMP

23.09.2023







General & Surgery & Dental camp of VMCH was conducted at Kattur on 23/09/23 from 10:30 am to 02:15 pm. Beneficiary: 90 people, in which Male – 53, Female-37,Referral -27

#### GENERAL, ORTHOPAEDICS & PAEDIATRIC CAMP

27.10.2023







General medicine, Orhthopaedics and Paediatric camp was conducted by VMCH and Puthiya Aram Charitable Trust at Pazhaverkadu on 27/10/23 from 10:00 am to 02:15 pm Beneficiaries: 101 people, in which Male – 26, Female- 66 & (0-5 years) - 09 Referral -37.

#### OPHTHALMOLOGY CAMP

03.11.2023







An Ophthalmology camp and general camp was conducted in Gummidipoondi on 03.11.23 from 09:30 am to 1:30 pm Beneficiaries: 72 people, in which Male – 32, female 40. Referral -29.



VELS Medical College Hospital, organized a ANC CAMP under the guidance of Dr.Preetha Ganesh, Vice chancellor VELS and Prof. Dr. Kumudha Lingaraj, Dean, VELS Medical College Hospital and OG Department from VELS hospital.

Antenatal camp for mothers conducted in Vadamadurai 61 beneficiaries. A camp was organized for at mothers antenatal on 05.01.2023 Thirukandalam. 61 patients were screened and given medical advice.







## Health education & Antenatal camp

A camp for Antenatal mothers was conducted in Vadamadurai for 51 beneficiaries. Health education was given to 51 Antenatal mothers in Vadamadurai by a medical team of VMCH on 10.08.2023. It was organized as an ANC camp.







ANC Camp Organized by Pennar Industry at Pennar Industry on 08th July 2023 for the beneficiary of Pennar Industry People.



ANC Camp Organized by Vadamadurai VMCH at Vadamadurai VMCH on 28th July 2023 for the beneficiary of Vadamadurai People.



ANC Camp Organized by Honda Cars India Ltd at on Honda Cars India Ltd 31st July 2023 for the beneficiary of Honda Cars India Ltd People.



ANC Camp Organized by Vadamadurai VMCH at Vadamadurai VMCH on 04th September 2023 for the beneficiary of Vadamadurai People.

## ANTENATAL CAMP

## Antenatal camp





ANC Camp Organized by Thirukandalam VMCH at Thirukandalam VMCH on 03rd January 2024 for the beneficiary of Thirukandalam People.



ANC Camp
Organized by
Vadamadurai VMCH
at Vadamadurai
and VMCH on 11th
January 2024 for
the beneficiary of
Vadamadurai
People.

ANC Camp Organized by LauLagun Bearings VMCH at LauLagun Bearings VMCH on 19th January 2024 for the beneficiary of LauLagun Bearings People.



ANC Camp Organized by Gummidipoondi VMCH at
Gummidipoondi VMCH
on 30th January 2024 for the beneficiary of Gummidipoondi
People.





ANC Camp Organized by Pazhaverkadu VMCH at Pazhaverkadu VMCH on 28th February 2024 for the beneficiary of Pazhaverkadu People.



ANC Camp Organized by Vengal VMCH at Vengal VMCH on 18th March 2024 for the beneficiary of Vengal People.

## TREE PLANTATION DAY



















#### TREE PLANTATION DAY











## PLANT A TREE FOR A BETTER WORLD

## "TO PLANT A TREE IS TO BELIEVE IN TOMORROW." - AUDREY HEPBURN



VISTAS- TREE PLANTATION AT KOVILAMBAKKAM



SAPLINGS PLANTATION BY VICE PRESIDENT DR PREETHAA GANESH

SAPLINGS PLANTATION BY CHANCELLOR DR.ISHARI.K.GANESH



SAPLINGS PLANTATION BY NSS STUDENTS

#### ORGAN DONATION DAY









World Organ Donation Day, the students of Alpha Delta Zeta Pharmacy Practice club took a initiative and organised a event in the Conference hall of Fleming block, SPS,VISTAS, In the presence of Dean,HOD'S, Staff-Co ordinator, staffs and students of Pharm D.





## LAW DAY 26, January, 2024











Constitution Day, also known as "National Law Day", is celebrated in India on 26 November every year to commemorate the adoption of the Constitution of India. On 26 November 1949, the Constituent Assembly of India adopted to the Constitution of India, and it came into effect on 26 January 1950.



Adv. V Karthickeyan Assistant Professor School of Law – VISTAS delivered his talk on drugs and cosmetic act.

Adv. Lion D Shegar National executive member AASRA was invited as guest for the program, his expertise in the field of PCA act with respect to the Animal house and research using experimental animals was a highlight for the students and research scholars.

# CERVICAL CANCER AWARENESS PROGRAM AND VACCINATION CAMP

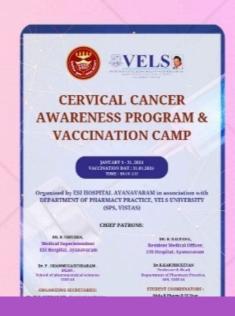
1ST JANUARY - 31ST JANUARY 2024



"Together we can strive to end cervical cancer within a few generations" with this goal in mind, WHO and its partners collaborated to raise public awareness of cervical cancer during the month of January. Which bought together the healthcare workers of ESI HOSPITAL, AYANAVARAM as well as the students of Pharm D 5th and Interns Department of Pharmacy Practice, VELS UNIVERSITY (SPS VISTAS).

This program started in a traditional way in presence of DR. B CHITHRA, MS, DR. K KALPANA, RMO, DR. KAVITHA CHIEF OF PEDIATRICS ESI HOSPITAL AND DR. K KARTHICKEYAN HOD OF PHARMACY PRACTICE VISTAS





## CERVICAL CANCER AWARENESS



Dr.B.Chitra, MS, ESI Hospital
Dr.Kavitha Chief of Pediatrics, ESI
Hospital & Dr.K.Karthickeyan HOD,
Department of Pharmacy Practice, VISTAS
took us through the importance of cervical
cancer program by giving an informative
speech







The entire event was expertly hosted by the students of Pharm.D 5TH YEAR AND INTERNS OF SPS VISTAS. A students of pharm.d 5th year gave a effective speech about significance of cervical cancer to the general public





#### **WORLD HUMANITARIAN DAY**



World Humanitarian Day was celebrated by School of Pharmaceutical Sciences, VISTAS by Department of Pharmacology. This event was guided by our dynamic Dean Dr. P.Shanmugasundaram and our beloved Hod and Professor (Department of Pharmacology) Dr.C.Ronald Darwin and our supportive professors Dr.A.Ramya, Dr.V.Jayashree and Mr.Joel Mart.Pharmacology club has initiated an event where students and faculties donate necessary items for those who are in need.





Donation boxes was placed for a particular time period. The donated materials ( 3 bags of rice ,various groceries, stationaries and clothing and cash were donated for destitute people) segregated and were distributed to Anaikkum Karangal orphanage in Nanganallur on 27.10.23